**PEG-INTERFERON ALPHA-2B SELF-INJECTION**

1. **Prepare for self-injection**
   - Wash your hands (1a).
   - Gather the PEG-interferon, alcohol swabs, and sharps container (1b).
   - Check the medicine expiration date. Do not use if expired.

2. **Mix the powder with the liquid**
   - Place the PEG-interferon pen upright in the holder.
   - Press down until hearing a click and wait 5 seconds (2a).
   - Gently turn over the PEG-interferon pen twice (do not shake) (2b, 2c).

3. **Attach the needle**
   - Keep the PEG-interferon pen upright (3a).
   - Wipe the top with an alcohol swab (3b).
   - Gently twist the needle onto the PEG-interferon pen (3c). Some fluid might leak from under the needle cap. This is normal.

4. **Select the prescribed dose**
   - Pull the dosing button out until the dark line is visible (4a).
   - Turn the dosing button to match your dose with the dark line.
   - Put the pen down in the tray.

5. **Inject the solution**
   - Select the injection site. Recommended sites are the abdomen or thighs (5a).
   - Clean the injection site with an alcohol swab and let the skin dry (5b).
   - Pull off the needle cap (5c).
   - Hold the pen in your hand with your thumb on the button.
   - Pinch a fold of your loose skin with your other hand.
   - Push the needle in at a 45 to 90 degree angle (5d).
   - Push the dosing button slowly and firmly until it cannot go any further.
   - Hold it down for 5 seconds to inject the entire dose.
   - Remove the pen. Do not massage the skin and do not recap the needle.

6. **Discard**
   - Throw the pen into the sharps container (6a).