

SHA ADVANCED LONGEVITY ESCAPE

BID NOW

A Transformative Science-Driven Journey to Extend Vitality

This exclusive experience offers the most advanced science-based approach to longevity in the world, blending innovation, nature, and luxury.

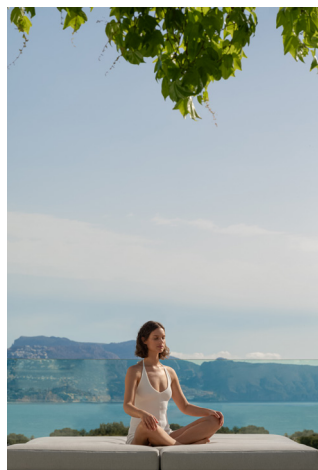
You and a guest will embark on a life-changing wellness experience at SHA, the world's leading destination for longevity and preventive health, nestled between the Mediterranean Sea and the Sierra Helada Natural Park in Spain.

Your 10-night Advanced Longevity Program, complemented by a personalized Boost of your choice (Cognitive Performance, Restorative Sleep, Gut Health, Quit Smoking, or Women's Health), is designed to slow down cellular aging and optimize mitochondrial health. Using cutting-edge functional medicine and pioneering longevity treatments, SHA combines scientific innovation with natural therapies to help you preserve optimal health and extend vitality.

Over these 10 days, SHA's world-renowned medical and wellness experts will create a bespoke program of diagnostics, nutrition, regenerative therapies, and targeted treatments—all in a serene setting overlooking the Mediterranean.

Package includes:

- 10-night Advanced Longevity Program for two (2) at SHA Spain
- Accommodation in Suite and Full Board, personalized nutrition package included
- Your choice of one specialized Boost (Cognitive, Sleep Well, Gut Health, Quit Smoking, or Women's Health)
- Comprehensive medical and wellness consultations, cutting-edge diagnostics, and customized treatments
- All healthy gourmet meals designed by SHA's culinary team



Courtesy of SHA (@shawellness)

amfAR will accept [cryptocurrency](#) for the hammer price of all auction lots; please see terms and conditions [here](#).

